

“How to increase Quality of Life of self and others”

A lecture by Lama Michel Rinpoche



November 14th 2017

@ Fontys International Lifestyle Studies
Professor Goossenslaan 1, 5022 DM, Tilburg
(Fontys Stappegoor; Building P3: Auditorium)

www.lamamichel.nl

Lama Michel Rinpoche shares his knowledge and experience on mindfulness, meditation and Buddhist philosophy since 2006 by teaching, lecturing and attending conferences all over the world. In his lecture at International Lifestyle Studies, Lama Michel will deliver a meaningful contribution to the topic of Quality of Life.

Doors open: 18.15h

Lecture: 19.00h – 20.30h

Opportunity to ask questions at the end of the lecture.
No fees for attending the lecture; we do welcome donations.

Register: www.lamamichel.nl

If you have reserved a ticket but can't come due to circumstances, please send an email to lgigpf@gmail.com, so your seat can be offered to someone else.

Parking: Free parking spaces are available at Fontys Stappegoor. When it is full, parking garage Stappegoor can be used for the amount of 1 euro per day.



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